

all grown up

The memories of your backpacker days are precious, but you're past all that. Try out these hostels that resemble hip hotels minus the hefty price tags.



LUB D IN BANGKOK Minimalist-chic double rooms that come with queen-sized beds, LCD TV, and a chic colour scheme of red, cream and brown. From 1,530 baht (US\$44) per double ensuite room.

• www.lubd.com



OOPS! BUDGET HOTEL IN PARIS

Billed as Paris' first contemporary design hostel and located in the bohemian Latin Quarter. Tres-chic finishing touches include patterned wallpaper and funky wall murals. From €60 (US\$78) per room in low season.

• www.oops-paris.com

fly and cycle

As cycling grows in popularity, bikes are getting sturdier, lighter and more travel-friendly. Check out these new models which can be folded in less than a minute, pulled along like a trolley bag when not in use, and are light:

- **STRIDA 5.0** weighs in at 10kg with an aluminium frame and a luggage rack (left). It can carry up to 100kg including luggage.

• www.strida.com

- **CARRYME**, one of the tiniest folding bikes around, weighs just 8kg.

• www.foldingbikes.biz/html/pacific_carryme.html

- **BROMPTON** folds very easily and can be carried like a small suitcase.

• www.brompton.co.uk



jet set

Emerge looking fresh with these goodies developed for air travel (from left):

- **MILE HIGH JUICE** Preservative-free and made from cherries, red grapes, aloe vera and ginger, which are proven to combat jet lag, dehydration, nausea, digestive upsets and infections. £1.99 (US\$2.80) for 250ml single-serve bottles, available at Waitrose stores in the UK.

• www.milehighdrinks.com

- **ESTEE LAUDER'S SUPER FLIGHT CREME** is a lightweight, fast-absorbing gel-cream formulated with algae extract and hyaluronic acid. Claims better skin recovery from long flights and time zone changes. About US\$65.

• www.esteelauder.com

- **AESOP GINGER FLIGHT THERAPY** Roll-on aromatherapy for your pulse points, containing lavender and ginger root oils to soothe your senses and fight motion sickness. A\$29.90 (US\$20).

• www.aesop.net.au

